

I. COURSE INFORMATION

- A. Addiction and Prevention Studies 104 Addictions Services
- B. 3 credit hours
- C. Perkinson, Robert A. *Chemical Dependency Counseling: A Practical Guide*. 5th ed. Sage Publishing, 2016
- D. Prerequisites: APS 101 Substance Abuse Awareness in Addiction and Prevention or consent of instructor

II. COURSE DESCRIPTION

This course will acquaint the student with the process of client management in the field of addiction counseling. The course will demonstrate how to provide case management services in a variety of settings. The intent is to provide instruction for the student seeking to be a professional addiction counselor. The course is designed to assist the student in preparing to meet minimum standards for AAPS licensed treatment facilities in the State of Kansas and the requirements for Registered Alcohol and Other Drug Abuse Counselors through the Behavioral Sciences Regulatory Board.

III. LEARNING OUTCOMES

- A. Illustrate knowledge of APS educational, counseling and/or prevention skills development
- B. Develop understanding of fundamental concepts, professional growth and responsibility theories and models in addiction treatment and prevention professions
- C. Identify community organization and professional responsibilities, ethics, confidentiality, cultural competence and case management skills
- D. Understand the dynamics of public, private, national and professional organizational policies
- E. Increase knowledge in planning and evaluation of health policy programs, management skills, coordination of treatment or prevention resources, screening and assessment tools
- F. Relate methods of systematic data gathering from clients and collateral sources, using appropriate screening and assessment instruments; understand the limitations of assessment procedures
- G. Explain procedures for scoring assessment tools, analyzing and interpreting results, and communicating findings, verbally and in written form, to various audiences including the client, significant others, and other professionals
- H. Demonstrate an understanding of mental health screening, including assessment of suicide risk, danger to others, and mental illnesses
- I. Identify stages of readiness to change, its assessment, and the effect of stage of readiness to change on treatment planning
- J. Relate DSM or other acceptable criteria for substance abuse disorders and criteria for client placement into levels of care
- K. Prepare accurate and concise screening, intake, and assessment reports, and write clear treatment plans, discharge and transfer summaries, and other documentation
- L. Identify the treatment planning process, including the continuum of care and interrelationship among client needs and problems; understand the role of the client and family systems on treatment decisions and outcomes
- M. Relate how confidentiality regulations affect all stages of the assessment and treatment process
- N. Evaluate the value of a multi-disciplinary approach to treatment and the role of other agencies, professionals, civic groups, etc. in helping address client needs
- O. Identify ways of referring clients to other agencies and coordinating treatment activities
- P. Recognize the value of including family and other client support systems across the entire continuum of care
- Q. Formulate constructive ways to work with family members and others

IV. MAJOR CONTENT AREAS

- A. Client management and case management services
- B. Models of addiction treatment

- C. Client assessment and mental health screening
- D. Treatment plans

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments
- B. Writing assignments
- C. Discussions
- D. Quizzes and exams

VI. EVALUATION METHODS (may include but are not limited to)

- A. Attendance and participation
- B. Assignments
- C. Projects
- D. Quizzes and exams