

**I. COURSE INFORMATION**

- A. Addiction and Prevention Studies 109 Medical Family and Addictions
- B. 3 credit hours
- C. Kelly, Virginia A. *Addiction in the Family: What Every Counselor Needs to Know*. American Counseling Association, 2015
- D. Prerequisites: None

**II. COURSE DESCRIPTION**

The student will learn characteristics, cultural factors, support issues, confidentiality issues, and facilitation of discussions concerning family involvement in addictions counseling. The intent is to provide instruction for a student seeking to be professional addictions counselor. This course is designed to assist the student in preparing to meet minimum standards for AAPS licensed treatment facilities in the State of Kansas and the requirements for Registered Alcohol and other Drug Abuse Counselors through the Behavioral Sciences Regulatory Board.

**III. LEARNING OUTCOMES**

- A. Identify the characteristics and dynamics of families, couples and significant others affected by substance use and abuse
- B. Signify cultural factors related to the impact of substance abuse disorders on families, couples and significant others
- C. Provide assessment tools and intervention strategies appropriate for families, couples, and significant others
- D. Recognition of factors involved in deciding when, how and why a client's family might enhance and support treatment.
- E. Understanding of confidentiality issues relative to family and systems work
- F. Present ways to teach or facilitate discussions of how substance use and abuse affects families and concerned others.
- G. To assist in understanding the interaction between family system and substance use behaviors
- H. Adopt strategies and behaviors that sustain recovery and maintain healthy relationships

**IV. MAJOR CONTENT AREAS**

- A. Stories of families in recovery
- B. A framework for assessment
- C. Developmental model of family recovery
- D. Conceptual frames
- E. Shared diseases
- F. Family roles
- G. Treatment plans
- H. Treatment for co-dependents
- I. Recovery

**V. ASSIGNMENTS (may include but are not limited to)**

- A. Reading assignments
- B. Writing assignments
- C. Discussions
- D. Journals
- E. Quizzes and exams

**VI. EVALUATION METHODS (may include but are not limited to)**

- A. Attendance and participation
- B. Assignments
- C. Quizzes and exams

