

**I. COURSE INFORMATION**

- A. Health and Physical Education 298 Athletic Training Practicum I
- B. 3 credit hours
- C. No textbook required
- D. Prerequisites: HPE 134, BIO 102, enrollment in or completion of BIO 257 and HPE 234, and consent of instructor

**II. COURSE DESCRIPTION**

This course is designed for students intending to continue their education in athletic training or physical therapy or those interested in pre-chiropractic or pre-medicine. This course is designed to provide the foundation of orthopedic assessment and injury evaluation, and covers special topics in the areas of athletic training. The student will have an opportunity to complete a project. Requirements include supervised work in the athletic training room, research on special topics, and the completion of a project.

**III. LEARNING OUTCOMES**

- A. Acquire a working knowledge of the athletic training room operations
- B. Understand the functions and responsibilities of an athletic trainer in the college setting
- C. Understand and demonstrate the basic principles of assessment of athletic injuries, prevention of athletic injuries, orthopedic assessment and observation of college athletic events

**IV. MAJOR CONTENT AREAS**

- A. Preventive taping applications
- B. Therapeutic modality applications
- C. Injury management techniques
- D. Injury evaluation techniques
- E. Anatomy and terminology review

**V. ASSIGNMENTS (may include but are not limited to)**

- A. Supervised work in athletic training
- B. Research on special topics
- C. Course project
- D. Notebook assignment

**VI. EVALUATION METHODS (may include but are not limited to)**

- A. Attendance and participation
- B. Skills tests
- C. Assignments
- D. Project