

I. COURSE INFORMATION

- A. Allied Health MED 102 Certified Nurse Aide
- B. 5 credit hours
- C. Hedman, Fuzy, Rymer. *Nursing Assistant Care: Long-Term Care*. 4th ed. New Mexico: Hartman, 2018
- D. Prerequisites: None
- E. Requirements: Negative TB skin test

II. COURSE DESCRIPTION

The Certified Nurse Aide course includes classroom and clinical instruction on basic patient care. The skills learned include daily hygiene, bed baths, taking vital signs, positioning, transfer of patients, and others. Patient care will be conducted in a nursing home setting. The course prepares the student for the state licensing examination.

III. LEARNING OUTCOMES

- A. Recognize, understand and perform the role and responsibilities of CNA
- B. Understand meeting the needs of patients, including: communication, infection prevention and control, mobility, resident's personal living space, safety, personal care and grooming, nutrition and fluids, elimination, comfort and rest, end of life care, restoring nutrition and elimination, maintaining and restoring mobility, dementia and problem behaviors
- C. Ability to measure and record vital signs
- D. Understand and support the resident's care plan
- E. Accurately observe, report and document
- F. Learn and interpret common medical abbreviations
- G. Understand legal rights of the adult care home residents

IV. MAJOR CONTENT AREAS

- A. Introduction to hospitals and nursing centers
- B. Work place ethics
- C. Communication with the health team
- D. Body structure and function
- E. Care and understanding of the older person
- F. Promoting safety and preventing falls
- G. Restraint alternatives and safe restraint use
- H. Preventing infection
- I. Safely handling, moving and transferring the person
- J. Assisting patients with comfort, hygiene, grooming, elimination, nutrition, fluids, assessment, specimens, exercise, activity, wound care, oxygen, and rehabilitation
- K. Caring for persons with common health problems, mental health problems, confusion, and dementia

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments
- B. Writing assignments
- C. Skill assessments
- D. Clinical performance

VI. EVALUATION METHODS (may include but are not limited to)

- A. Attendance and participation
- B. Exams
- C. Skill assessments
- D. Clinical performance assessments
- E. State certification exam