

I. COURSE INFORMATION

- A. Allied Health NHA 160 Social Services Designee/Activities Director
- B. 5 credit hours
- C. Best-Martini, Elizabeth; Mary Anne Weeks and Priscilla Wirth. *Long Term Care for Activity Professionals, Social Services Professionals, and Recreational Therapists*. 6th ed. Washington: Idyll Arbor, 2010
- D. Prerequisites: None

II. COURSE DESCRIPTION

This course is an introduction to the long-term care setting and the various methods of provision of recreation and social services in this setting. It includes information to give understanding of the regulatory process and the Quality Assurance System in this setting. It will include an overview of social work practice, an introduction to recreation service provision, and the federal and state regulations. At the end of the course the learner will be qualified to hold a position as an Activity Director or Social Services director in the long term care setting.

III. LEARNING OUTCOMES

- A. Have an understanding of the physical and mental conditions that may necessitate placement in a long-term care setting
- B. Demonstrate knowledge of the nursing home regulations and survey process in the long-term care setting
- C. Have a working knowledge of social work including the identification of psychosocial needs and implementation plans to assist the resident in a long-term care setting
- D. Be prepared to develop the programming, documentation, and professional skills necessary to lead a complete program, which enhances the physical, mental, social, emotional, and spiritual needs of elders by providing a home-like environment
- E. Be prepared to work as an Activity Director or Social Services Director in a long-term care facility

IV. MAJOR CONTENT AREAS

- A. Person-centered programs
- B. Programming for individuals with severe cognitive impairments
- C. Programming for individuals with mild to moderate cognitive impairments
- D. Short-term stay: rehab-oriented
- E. Documentation
- F. Resident assessment instrument and treatment planning
- G. Quality assurance, infection control, and risk management

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments
- B. Writing assignments

VI. EVALUATION METHODS (may include but are not limited to)

- A. Quizzes
- B. Exams