

I. COURSE INFORMATION

- A. Psychology 101 Introduction to Psychology
- B. 3 credit hours
- C. Grison, Sarah; Michael Garzzaniga. *Psychology in Your Life*. 4th ed. Norton & Company, 2022
- D. Prerequisites: None
- E. KRSN: PSY 1010 Introduction to Psychology

The learning outcomes and competencies detailed in this course outline or syllabus meet or exceed the learning outcomes and competencies specified by the Kansas Core Outcomes Groups project for this course as approved by the Kansas Board of Regents.

II. COURSE DESCRIPTION

This course is designed to introduce the student to the study of human behavior. Upon completion of this course, the student will have attained a better understanding of psychology as a science and how it relates to affects and cognitive processes.

III. LEARNING OUTCOMES

- A. Identify historical foundations and current trends in psychology
- B. Distinguish methods of research in psychology
- C. Identify the biological bases of behavior including physiology of the brain
- D. Distinguish principles and theories of learning and cognition
- E. Recognize the theories and applications of motivation and emotion
- F. Demonstrate an understanding of lifespan development
- G. Identify the major theories of personality
- H. Recognize categories of psychological disorders and treatments
- I. Recognize the major theories and findings in social psychology

IV. MAJOR CONTENT AREAS

- A. What is psychology?
- B. The scientific method
- C. Biological foundations of behavior
- D. Sensation and perception
- E. States of consciousness
- F. Learning
- G. Memory
- H. Thinking, intelligence, and language
- I. Human development
- J. Motivation and emotion
- K. Gender, sex, and sexuality
- L. Personality
- M. Social Psychology
- N. Industrial & Organization Psychology
- O. Psychological disorders
- P. Health Psychology

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments
- B. Writing assignments
- C. Take home activities
- D. Paper/project/presentation

VI. EVALUATION METHODS (may include but are not limited to)

- A. Attendance and participation

- B. Assignments and activities
- C. Paper/project/presentation
- D. Exams and final exam