

I. COURSE INFORMATION

- A. Psychology 230 Abnormal Psychology
- B. 3 credit hours
- C. Nolen-Hoeksema, Susan. *Abnormal Psychology*. 8th ed. New York: McGraw-Hill, 2020
- D. Prerequisites: PSY 101 General Psychology

II. COURSE DESCRIPTION

This course is designed to provide the learner with the tools required to intellectually and subjectively define the characteristics, classifications, and qualifications associated with atypical behavior patterns.

III. LEARNING OUTCOMES

- A. Describe the historical, cultural, and current perspectives that distinguish normal from abnormal behavior
- B. Explain the causes of abnormality through diverse theoretical lenses
- C. Describe the basic methods of research and design as they apply to abnormal psychology
- D. Explain and compare assessment, diagnosis and classification of mental disorders
- E. Describe the etiology, symptomatology, and treatment for the following disorders: a) trauma anxiety; b) dissociative; c) mood; d) eating; e) schizophrenia; f) personality; g) organic/cognitive; h) substance abuse; i) sexual/gender identity; j) developmental; k) sleep; l) somatoform
- F. Evaluate the legal and ethical issues associated with abnormal behavior

IV. MAJOR CONTENT AREAS

- A. Understanding abnormality/research methods
- B. Diagnosis and treatment planning
- C. Assessment
- D. Theoretical perspectives
- E. Anxiety disorders
- F. Somatoforms disorders/ dissociative disorders
- G. Sexual disorders
- H. Mood disorders
- I. Schizophrenia and related disorders
- J. Personality disorders
- K. Development-related disorders
- L. Aging-related and cognitive disorders
- M. Substance-related disorders
- N. Eating disorders/ impulse control disorders
- O. Ethical and legal issues

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments
- B. Writing assignments
- C. Take home activities
- D. Paper(s)

VI. EVALUATION METHODS (may include but are not limited to)

- A. Attendance and participation
- B. Assignments and activities
- C. Paper(s)
- D. Exams and final exam