

I. COURSE INFORMATION

- A. Psychology 264 Psychology of Human Sexuality
- B. 3 credit hours
- C. Crooks, Baur, and Widman. *Our Sexuality*. 14th ed. Massachusetts: Cengage, 2021
- D. Prerequisite: PSY 101 General Psychology

II. COURSE DESCRIPTION

This course is designed to study the various aspects of human sexuality. The course provides practical information needed for everyday living and dealing with psychological problems. In addition, the course strives for helping the student feel more comfortable with thinking and talking about sexuality and to familiarize the student with methods used in research on sexual behavior.

III. LEARNING OUTCOMES

Students who complete the Psychology of Human Sexuality course will be able to do the following:

- A. Define sexuality and relate it to human sex and gender
- B. Identify various stages of and techniques used in sexual arousal
- C. Understand the techniques of sexual communication
- D. Compare and contrast male and female sexuality
- E. Explain the relationship between attraction, love, intimacy, and commitment
- F. Differentiate the social, biological, legal, and psychological aspects of human sexuality throughout the lifespan
- G. Recognize atypical sexual behaviors, including sexual disorders, and their treatments

IV. MAJOR CONTENT AREAS

- A. Perspectives and history of sexuality
- B. Methods of research
- C. Gender issues
- D. Female sexual anatomy and physiology
- E. Male sexual anatomy and physiology
- F. Intimate relationships
- G. Sexual behaviors and sexual orientation
- H. Contraception
- I. Conceiving children
- J. Sexuality: childhood adolescence
- K. Sexuality: the adult years
- L. Sexual problems and solutions
- M. Sexually transmitted diseases
- N. Atypical sexual behaviors
- O. Sexual coercion
- P. Sex for sale

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments
- B. Writing assignments
- C. Take home activities
- D. Paper/blog/project/presentation

VI. EVALUATION METHODS (may include but are not limited to)

- A. Attendance and participation
- B. Assignments and activities
- C. Paper/project /presentation
- D. Exams and final exam