

I. COURSE INFORMATION

- A. Psychology 264 Psychology of Human Sexuality
- B. 3 credit hours
- C. Crooks, Baur, and Widman. *Our Sexuality*. 14th ed. Massachusetts: Cengage, 2021
- D. Prerequisite: PSY 101 General Psychology

II. COURSE DESCRIPTION

This course is designed to study the various aspects of human sexuality. The course provides practical information needed for everyday living and dealing with psychological problems. In addition, the course strives for helping the student feel more comfortable with thinking and talking about sexuality and to familiarize the student with methods used in research on sexual behavior.

III. LEARNING OUTCOMES

- A. Analyze cultures' impact on shaping and defining human sexuality, including different sexual orientations, and how cultural factors have influenced one's own sexual attitudes, values and beliefs
- B. Explain the methods sexologist use to conduct ethical research
- C. Compare and contrast male and female sexual anatomy, patterns of sexual arousal, and hormonal functioning
- D. Differentiate between sex and gender and typical and atypical sex and gender development, including intersex development
- E. Evaluate the relative strengths and weaknesses of different models of love
- F. Apply a variety of strategies and techniques to improve sexual communication within relationships
- G. Evaluate the different methods of contraception, abortion, and assistive reproductive technologies based on one's personal standards and values
- H. Describe sexual development and its challenges during childhood, adolescence, adulthood, and late adulthood
- I. Describe various atypical sexual behaviors, including sexual disorders, and their treatments
- J. Analyze the psychosocial, legal, and cultural factors that impact the frequency and treatment of sexual harassment, assault, and rape and sexually explicit materials

IV. MAJOR CONTENT AREAS

- A. Perspectives and history of sexuality
- B. Methods of research
- C. Gender issues
- D. Female sexual anatomy and physiology
- E. Male sexual anatomy and physiology
- F. Intimate relationships
- G. Sexual behaviors and sexual orientation
- H. Contraception
- I. Conceiving children
- J. Sexuality: childhood adolescence
- K. Sexuality: the adult years
- L. Sexual problems and solutions
- M. Sexually transmitted diseases
- N. Atypical sexual behaviors
- O. Sexual coercion
- P. Sex for sale

V. ASSIGNMENTS (may include but are not limited to)

- A. Reading assignments

- B. Writing assignments
- C. Take home activities
- D. Paper/blog/project/presentation

VI. EVALUATION METHODS (may include but are not limited to)

- A. Attendance and participation
- B. Assignments and activities
- C. Paper/project/presentation
- D. Exams and final exam